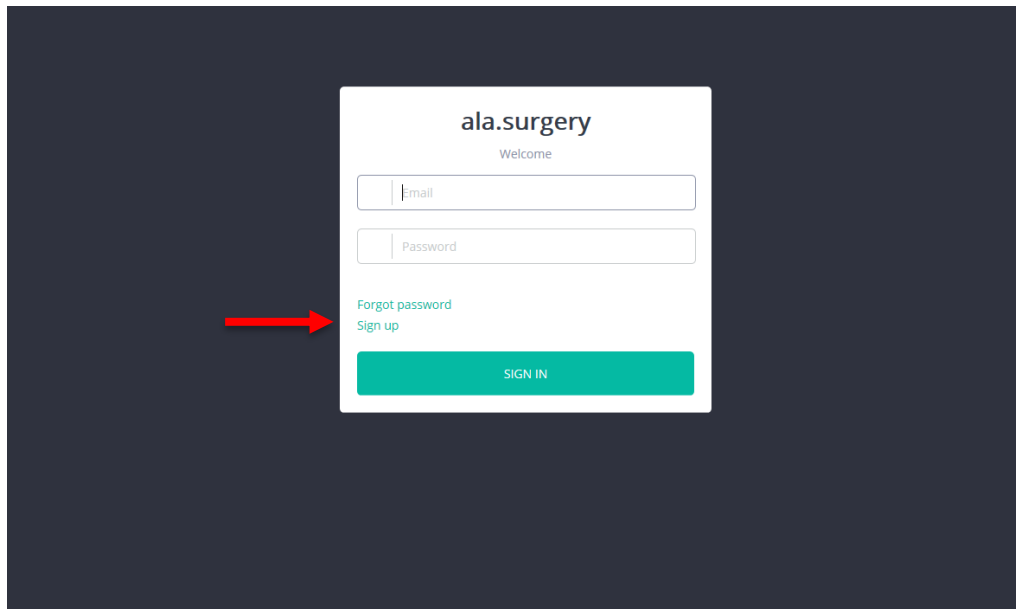


# Swiss-MIS/ASRCC video award 2020

How to submit your video:

1. Go to <https://ala.surgery>



ala.surgery  
Welcome

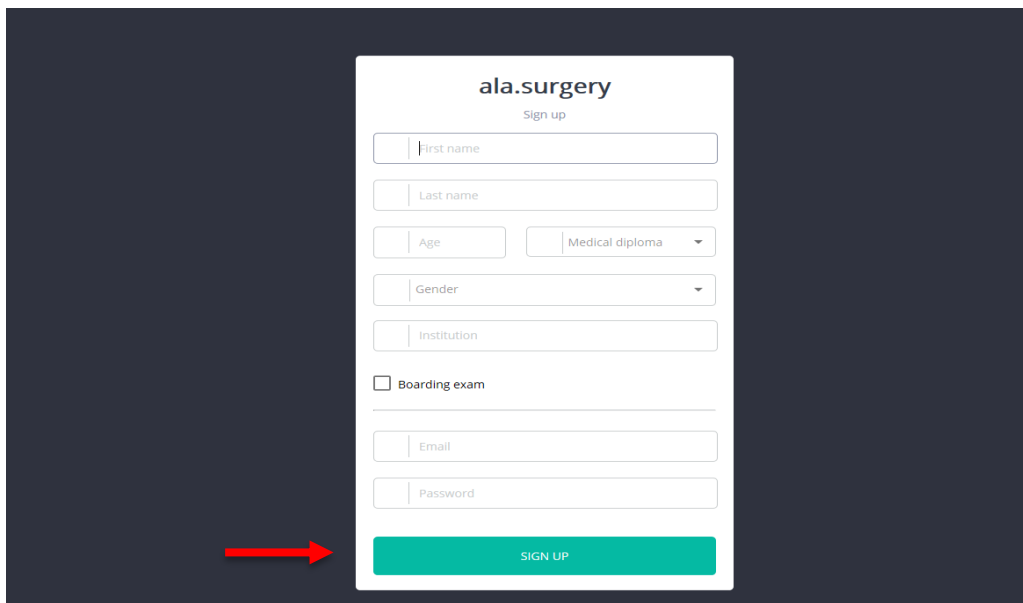
Email

Password

[Forgot password](#)  
[Sign up](#)

SIGN IN

2. Sign up



ala.surgery  
Sign up

First name

Last name

Age

Medical diploma

Gender

Institution

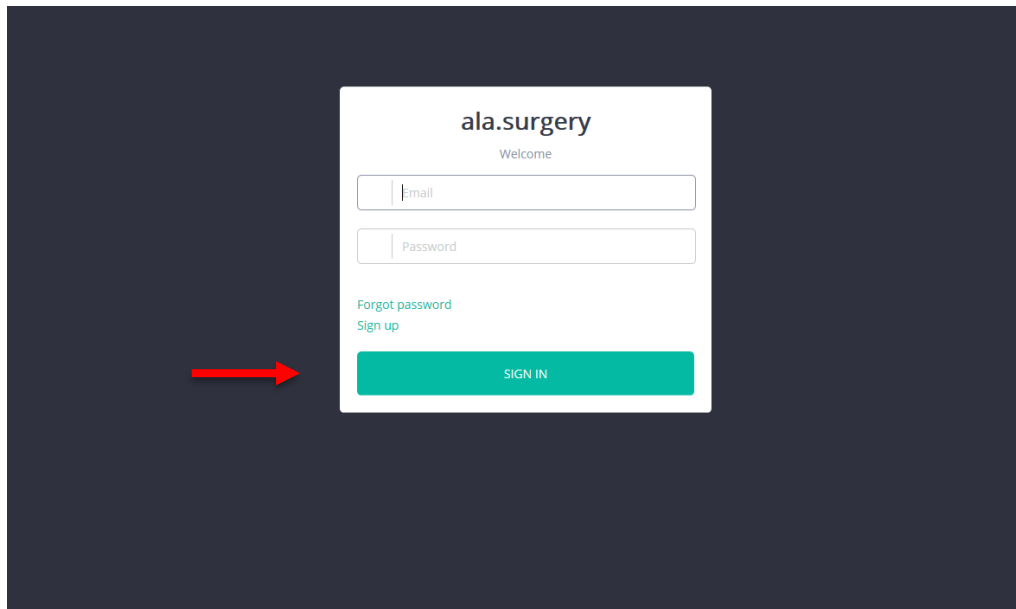
Boarding exam

Email

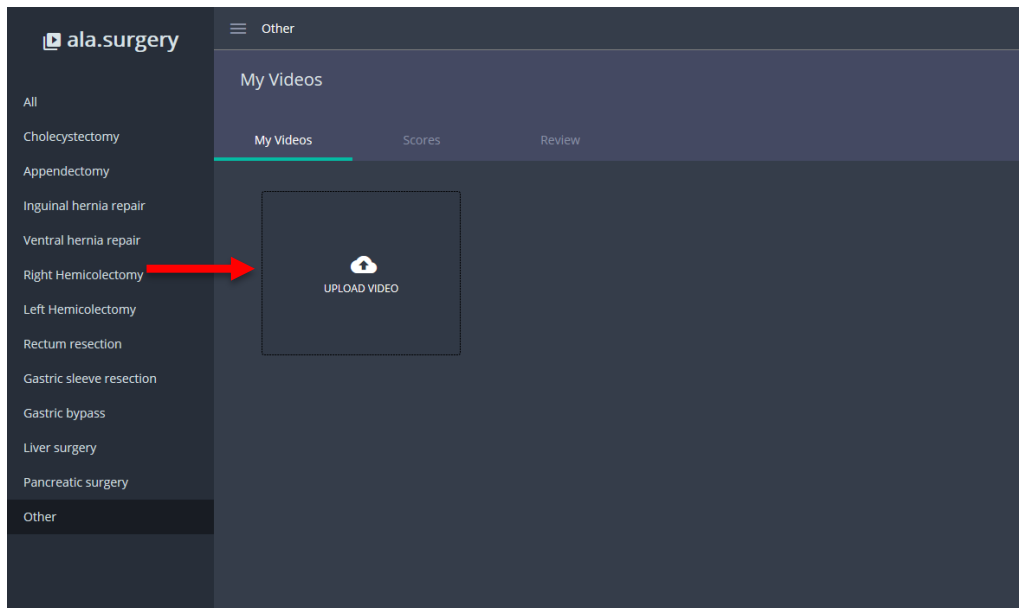
Password

SIGN UP

### 3. Sign in

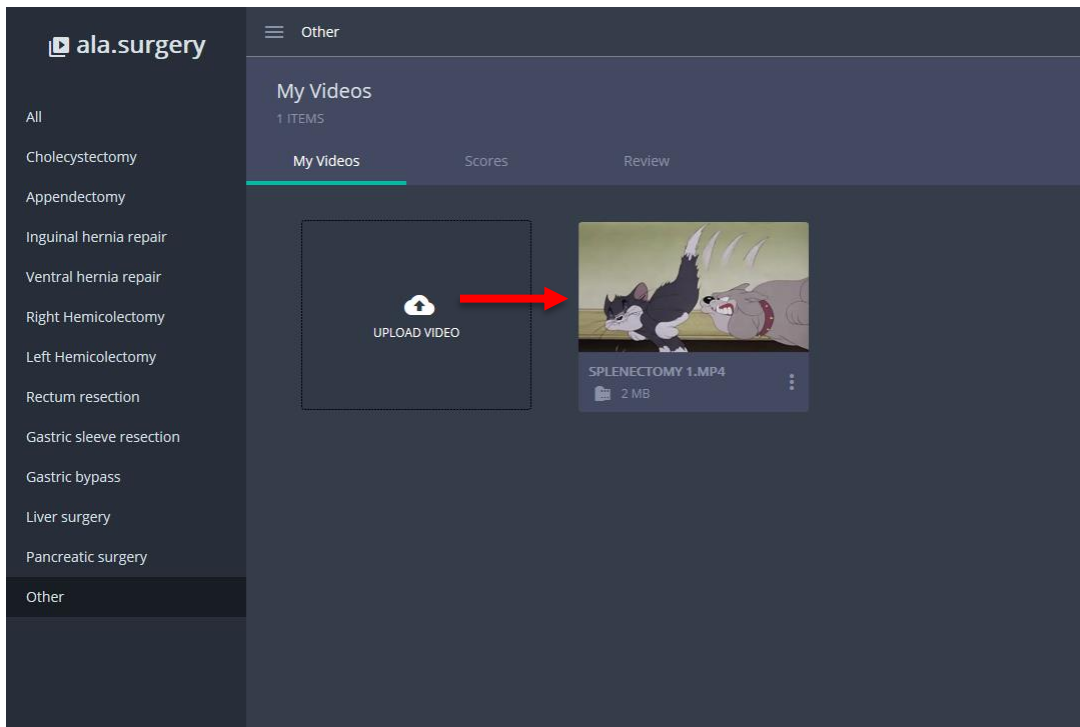


### 4. Upload your video

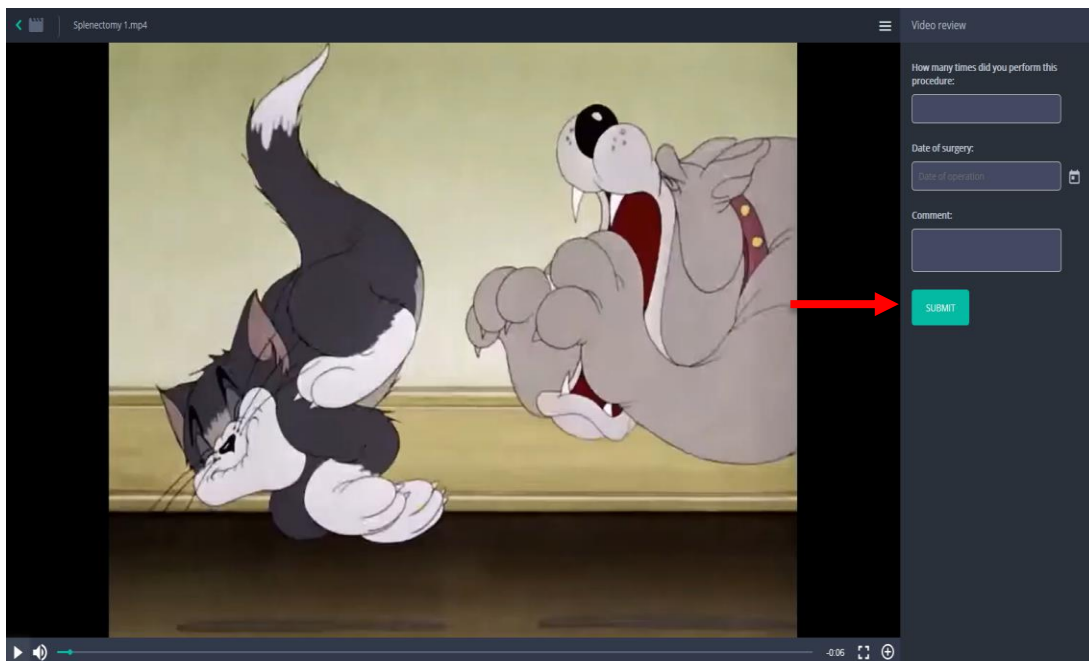


## 5. Submit your video

### a) Click on the uploaded video



### b) Give the title and the authors of the video and a short description of the intervention under comment and click on submit



Congratulations, you are done!